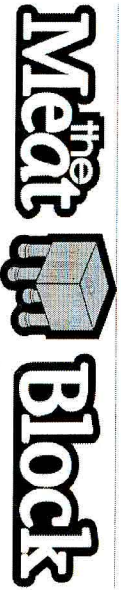
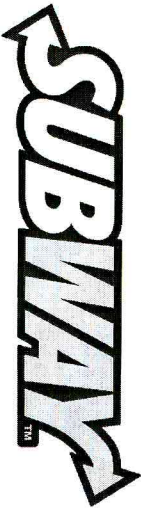
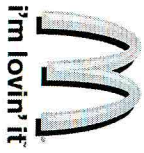
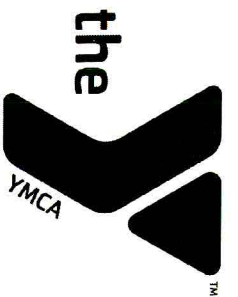


THANK YOU TO OUR SPONSORS



Fox West YMCA
W6931 School Rd.
Greenville, WI 54942

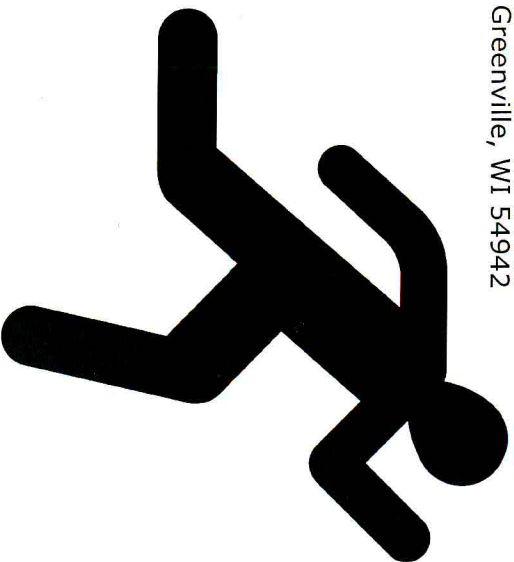
www.ymcafoxcities.org

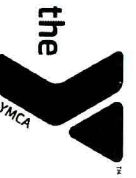


FOX WEST TRAIL MIX

AUGUST 20, 2011
8:00 AM
5K RUN/WALK

Fox West YMCA
W6931 School Rd.
Greenville, WI 54942





the TRAIL MIX 5K REGISTRATION FORM

Make Checks payable to:
Fox West YMCA
W6931 School Rd. • Greenville, WI 54942

Please Fill Out Separate Forms for Each Participant

Name: _____

Sex: M / F

Date of Birth: _____

Age on Race Day: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

E-mail: _____

Circle t-shirt Selection

Youth M S M L XL XXL

(If registration is received after August 16, 2011, you are not guaranteed a t-shirt)

Total Enclosed: \$ _____

WAIVER (Must be signed)

I assume all risks associated with competing in this event including, but not limited to fall, contact with other participants, volunteers, spectators, weather effects including: heat and humidity, traffic and road conditions. All such risks being known and appreciated by me. I hereby release the Fox West YMCA, and its staff and volunteers, Town of Greenville and any sponsors from any injuries by me while participating in this event. I further provide that this consent waiver applies to all heirs, executors and assignees. Finally, I document that to the best of my knowledge I am in good physical condition and my participation in this event poses no undue risk to my health.

Entrant's Signature _____

(Parent or Guardian's Signature if entrant is under the age of 18)

START TIME
8:00AM 5K Start

5K RUN/WALK

Course starts and finishes at the Fox West YMCA and incorporates the trail systems surrounding the Y which include surfaces of gravel, pavement and grass.

AWARDS

Awards will be presented to the top three overall male and female participants. Awards will also be presented to the top male and female in each age group. Age groups are 12 & Under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & Older.

COST

Received on or before 8/16/11

\$17

Received after 8/16/11

\$20



REGISTRATION

By Mail: Please complete the attached entry form and enclose a check made payable to: Fox West YMCA. Entries must be postmarked by August 16, 2011 to guarantee a T-shirt.

Send entries to:

Trail Mix 5K
c/o Fox West YMCA
W6931 School Rd.
Greenville, WI 54942

ONLINE REGISTRATION

www.ymcafoxcities.org
www.active.com (for an additional fee)

RACE DAY REGISTRATION & PACKET PICK-UP

Saturday August 20, 2011
7:00-7:45AM • Fox West YMCA

PERKS

- All participants will receive the following
- Exclusive Trail Mix T-Shirt
- Goodie Bag
- Post Race Refreshments

QUESTIONS:

920.560.3413
krice@ymcafoxcities.org