



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gymnastics Center Schedule

HEART OF THE VALLEY YMCA

January 9-April 14, 2012

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM	Gymnastics Classes	Gymnastics Classes	Gymnastics Classes	Gymnastics Classes	Gymnastics Classes	Gymnastics Classes	Open Gym 9:00 AM-6:00 PM
10:00 AM	9:00-11:30 AM	9:00-11:00 AM	9:00-11:00 AM	9:00-11:15 AM	9:00-11:00 AM	9:00 - 11:30 AM	
11:00 AM	Open Gym 11:30 AM-3:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
12:00 PM		11:00 AM-1:00 PM	11:00 AM-1:00 PM	11:15 AM-3:00 PM	11:00 AM-3:00 PM	12:00-6:00 PM	
1:00 PM	Gymnastics Classes & Team Practice 3:30-9:00 PM	Gymnastics Classes & Team Practice 1:00-9:00 PM	Gymnastics Classes & Team Practice 1:00-9:00 PM	Gymnastics Classes & Team Practice 3:30-9:00 PM	Team Practice 3:00-7:30 PM		
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM					Open Gym		
8:00 PM					7:30-9:30 PM		
9:00 PM							

Open Gym - Open for all ages, kids under 6 must be with an adult at all times.

Please use the cubbies for all shoes, use the hooks or the lockers for all other belongings.

HVY reserves the right to limit the number of people in the center for safety purposes.

GYM SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE!!!

Please call ahead to check hours 830-5700