



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Endries Gymnasium - BREAK WEEKS

HEART OF THE VALLEY YMCA

Dec 19, 2011- Jan 8, 2012

FRONT HALF OF GYM:

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am	Open Gym 5:00-9:00 a.m.	Open Gym 5:00-9:00 a.m.	Open Gym 5:00-9:00 a.m.	Open Gym 5:00-9:00 a.m.	Open Gym 5:00-9:00 a.m.	Open Gym 6:00 - 8:30 a.m.	
9:00am	Boot Camp 9:00-10:15 a.m.	Boot Camp 9:00-10:15 a.m.	Boot Camp 9:00-10:15 a.m.	Boot Camp 9:00-10:15 a.m.	Boot Camp 9:00-10:15 a.m.	Youth Basketball 8:30 am-3:30pm on Jan 7th	Open Gym 9:00-6:00
10:00am	Open Gym 10:15-11:30 a.m.	Open Gym 10:15-11:30 a.m.	Open Gym 10:15-11:30 a.m.	Open Gym 10:15-11:30 a.m.	Open Gym 10:15-11:30 a.m.	Gym is open on Dec 24 and Dec 31	O P E N G Y M
11:00am							
12:00pm	Adult Basketball 11:30-1:00 p.m.	Adult Basketball 11:30-1:00 p.m.	Adult Basketball 11:30-1:00 p.m.	Adult Basketball 11:30-1:00 p.m.	Adult Basketball 11:30-1:00 p.m.		
1:00pm	Open Gym 1:00-10:00 p.m.	Open Gym 1:00-10:00 p.m.	Open Gym 1:00-10:00 p.m.	Open Gym 1:00-10:00 p.m.	Open Gym 1:00-10:00 p.m.		
2:00pm							
3:00pm	O P E N	O P E N	O P E N	O P E N	O P E N	Open Gym 3:00-6:00 pm	Gym is closed Dec 25th
4:00pm							
5:00pm							
6:00pm	G Y M	G Y M	G Y M	G Y M	G Y M		
7:00pm							
8:00pm							
9:00pm							

BACK HALF OF GYM:

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am	Open Gym 5:00-9:00 a.m.	Open Gym 5:00-9:00 a.m.	Open Gym 5:00-9:00 a.m.	Open Gym 5:00-9:00 a.m.	Open Gym 5:00-9:00 a.m.	Open Gym 6:00 - 8:30 a.m.	
9:00am	Boot Camp 9:00-10:15 a.m.	Boot Camp 9:00-10:15 a.m.	Boot Camp 9:00-10:15 a.m.	Boot Camp 9:00-10:15 a.m.	Boot Camp 9:00-10:15 a.m.	Youth Basketball 8:30 am-3:30pm on Jan 7th	Open Gym 9:00-6:00
10:00am	Open Gym 10:15-11:30 a.m.	Open Gym 10:15-11:30 a.m.	Open Gym 10:15-11:30 a.m.	Open Gym 10:15-11:30 a.m.	Open Gym 10:15-11:30 a.m.	Gym is open on Dec 24 and Dec 31	O P E N G Y M
11:00am							
12:00pm	Adult Basketball 11:30-1:00 p.m.	Adult Basketball 11:30-1:00 p.m.	Adult Basketball 11:30-1:00 p.m.	Adult Basketball 11:30-1:00 p.m.	Adult Basketball 11:30-1:00 p.m.		
1:00pm	Open Gym 1:00-10:00 p.m.	Open Gym 1:00-10:00 p.m.	Open Gym 1:00-10:00 p.m.	Open Gym 1:00-10:00 p.m.	Open Gym 1:00-10:00 p.m.		
2:00pm							
3:00pm	O P E N	O P E N	O P E N	O P E N	O P E N	Open Gym 3:00-6:00 pm	Gym is closed Dec 25th
4:00pm							
5:00pm							
6:00pm	G Y M	G Y M	G Y M	G Y M	G Y M		
7:00pm							
8:00pm							
9:00pm							

Open Gym - The gym is available for open shooting, & cross court basketball. Full court basketball is not allowed

- 1) Cross court games only
- 2) Play two games (win or lose) then rotate
- 3) All games to 11 points (win by 2 to 15)
- 4) Unsportsman like conduct, foul language & cheating not tolerated
- 5) Shoot for teams

YMCA reserves the right to stop full and cross court games.

Schedule is subject to change without notice, please call ahead.

