



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MIRON GYM SCHEDULE

NEENAH-MENASHA YMCA

January 2-February 26, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>OPEN 5:00-9:00 AM</p> <p>KINDER SPORTS 9:00-9:30 AM 1/2 GYM</p> <p>OPEN 9:30 AM-11:00 AM</p> <p>NOON BASKETBALL 11:00 AM-1:00 PM</p> <p>OPEN 1:00-10:00 PM</p>	<p>OPEN 5:00-9:30 AM</p> <p>LET'S GET MOVING 9:30-10:30 AM 1/2 GYM</p> <p>NOON BASKETBALL 11:00 AM-1:00 PM</p> <p>OPEN 1:00-7:00 PM</p> <p>OPEN VOLLEYBALL 7:00-10:00 PM</p>	<p>OPEN 5:00-9:00 AM</p> <p>BOOT CAMP 9:00-10:00 AM 1/2 GYM</p> <p>OPEN 10:00-11:00 AM</p> <p>NOON BASKETBALL 11:00 AM-1:00 PM</p> <p>OPEN 1:00-10:00 PM</p>	<p>OPEN 5:00-9:30 AM</p> <p>LET'S GET MOVING 9:30-10:30 AM 1/2 GYM</p> <p>NOON BASKETBALL 11:00 AM-1:00 PM</p> <p>OPEN 1:00-10:00 PM</p>	<p>OPEN 5:00-9:00 AM</p> <p>INDOOR PLAYGROUND WITH PARENT 9:00-10:00 AM 1/2 GYM</p> <p>NOON BASKETBALL 11:00 AM-1:00 PM</p> <p>OPEN 1:00-6:30 PM</p> <p>Y NIGHT ACTIVITIES 6:30-9:30 PM</p>	<p>OPEN 5:45-8:30 AM</p> <p>YOUTH BASKETBALL 8:30 AM-NOON</p> <p>GIRLS YNBA BASKETBALL NOON-2:00 PM</p> <p>OPEN 2:00-6:00 PM</p>	<p>OPEN 9:00 AM-6:00 PM</p>

Information: Schedules are subject to change; notices will be posted on the YMCA bulletin board.

Sports Birthday Parties: Half of Miron or Upper gyms may be scheduled for birthday parties between 1:00-4:00 p.m. on Saturdays and Sundays.

Open Basketball: Open to all ages to shoot around; games can be played at a single basket.

NOON Basketball: Times are for players 16 years and older.

Our Mission: To put Christian principles into practice by promoting youth, adult and family activities that help build a healthy spirit, mind and body for all. REVISED 01-13-2012



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UPPER GYM SCHEDULE

NEENAH-MENASHA YMCA

January 2-February 26, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN 5:00-9:00 AM BOOT CAMP 9:00-10:00 AM 1/2 GYM SILVER SNEAKERS (MSROM) 9:00-9:45 AM 1/2 GYM CHILDCARE 10:00-11:00 AM OPEN 11:00 AM-7:00 PM BATON/BALLROOM 7:00-7:30 PM 1/2 GYM OPEN 7:30-10:00 PM	OPEN 5:00-9:00 AM CARDIO GOLD 9:00-9:45 AM 1/2 GYM CHILDCARE 9:30-11:00 AM OPEN 11:00 AM-4:15 PM SPORTS SAMPLER 4:15-5:15 PM OPEN 5:15-10:00 PM	OPEN 5:00-8:00 AM ZUMBA GOLD 8:15-9:00 AM and 9:00-9:45 AM CHILDCARE 10:00-11:00 AM OPEN 11:00AM-4:45PM GATORS 4:45-5:30 PM LITTLE KICKERS 5:30-6:30 PM OPEN 6:30-10:00 PM	OPEN 5:00-9:00 AM CARDIO GOLD 9:00-9:45 AM 1/2 GYM CHILDCARE 9:30-11:00 AM OPEN 11:00 AM -4:30 PM YOUTH GOLF 4:30-5:30 PM OPEN 5:30 -10:00 PM	OPEN 5:00-9:00 AM BOOT CAMP 9:00-10:00 AM 1/2 GYM SILVER SNEAKERS (MSROM) 9:00-9:45 AM 1/2 GYM OPEN 10:00 AM-6:30 PM Y NIGHT ACTIVITIES 6:30-9:30 PM	OPEN 5:45-8:30 AM YOUTH BASKETBALL 8:30 AM-NOON OPEN NOON-6:00 PM	OPEN 9:00 AM-6:00 PM

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