



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Ogilvie Family Pool Winter I Schedule 1/9/12 – 2/26/12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swim Schedule	<p>Lap Swim -5:00 AM – 9:00 AM -9 AM – 12 PM (Limited Space) -12 PM – 4 PM (2 lanes minimum) -7 PM- 9:30 PM (2 lanes minimum)</p> <p>Open Swim -12 PM – 4 PM -7 PM – 9:30 PM</p> <p>Swim Lessons -9 AM – 11:45 AM -4:00 PM – 7:00 PM</p>	<p>Lap Swim -5:00 AM – 9:00 AM -9 AM – 12 PM (Limited Space) -12 PM – 4 PM (2 lanes minimum) -7 PM- 9:30 PM (2 lanes minimum)</p> <p>Open Swim -12 PM – 4 PM -7 PM – 9:30 PM</p> <p>Swim Lessons -9 AM – 11:45 AM -4:00 PM – 7:00 PM</p>	<p>Lap Swim -5:00 AM – 9:00 AM -9 AM – 12 PM (Limited Space) -12 PM – 4 PM (2 lanes minimum) -7 PM- 9:30 PM (2 lanes minimum)</p> <p>Open Swim -12 PM – 4 PM -7 PM – 9:30 PM</p> <p>Swim Lessons -9 AM – 11:45 AM -4:00 PM – 7:00 PM</p>	<p>Lap Swim -5:00 AM – 9:00 AM -9 AM – 12 PM (Limited Space) -12 PM – 4 PM (2 lanes minimum) -7 PM- 9:30 PM (2 lanes minimum)</p> <p>Open Swim -12 PM – 4 PM -7 PM – 9:30 PM</p> <p>Swim Lessons -9 AM – 11:45 AM -4:00 PM – 7:00 PM</p>	<p>Lap Swim -5:00 AM – 9:00 AM -9 AM – 12 PM (Limited Space) -12 PM – 4 PM (2 lanes minimum) -7 PM- 9:30 PM (2 lanes minimum)</p> <p>Open Swim -12 PM – 4 PM -7 PM – 9:30 PM Large group in water</p>	<p>Lap Swim -5:45 AM – 9:00 AM -9 AM – 12 PM (Limited Space) -12 PM – 5:30 PM (2 lanes minimum)</p> <p>Open Swim -12 PM – 5:30 PM (2 lanes minimum)</p> <p>Swim Lessons -9 AM – 11:45 AM</p>	<p>Lap Swim -9 AM – 12 PM -12 PM – 5:30 PM (2 lanes minimum)</p> <p>Open Swim -12 PM – 5:30 PM</p>
Water Fitness Schedule	<p>-8:15—9:00AM H2O Fusion</p> <p>-9:30-10:30 AM Aqua Yoga</p> <p>-7:15-8:15PM H2O Challenge</p>	<p>-8:15—9:15AM H2O CHALLENGE.</p> <p>-9:15—10AM SILVER SPLASH</p> <p>-10:15—11:00 AM H2O EXERCISE</p> <p>11:30AM – 12:15PM WATER FITNESS CLASS</p>	<p>-8:15-9:00 H2O Fusion</p> <p>-9:15-10:15 AM Arthritis Aquatic Class</p> <p>-10:15-11:00 AM H2O Slow & Easy</p> <p>-7:15-8:15 PM H2O Challenge</p>	<p>-8:15—9:15AM H2O CHALLENGE</p> <p>-9:15—10AM SILVER SPLASH</p> <p>-10:15 – 11:00 AM H2O EXERCISE</p> <p>11:30AM -12:15 PM WATER FITNESS CLASS</p>	<p>-8:00-9:00 AM Arthritis Aquatic Class</p> <p>-9:15-10:00 AM Deep Water Ex.</p>		

Children under the age of 6 must be accompanied with a parent or guardian in the pool. Children between 6-9 must pass a shallow water test to swim alone in the pool. A deep water test is required of all who wish to swim on the deep side of the pool. For more information on pool rules, times and policies please contact Paul Bady, Aquatic Director at 920-757-9820.